

2016 WEIGHTLIFTING MASTERS WORLD CUP

11TH -15TH APRIL 2016 TOKYO JAPAN

<http://www.japanmasters.net/>



1-1 Komazawakouen Setagayaku Tokyo Japan 1540013
Komazawa Olympic Park Gymnasium in Tokyo Japan
<http://www.japanmasters.net/>

- 01 11th April arrival day and last confirmation of accreditation
- 02 12th April competition
- 03 13th April competition and banquet
- 04 14th April competition
- 05 15th April competition and closing

(OFFICIAL ENTRY FORM)

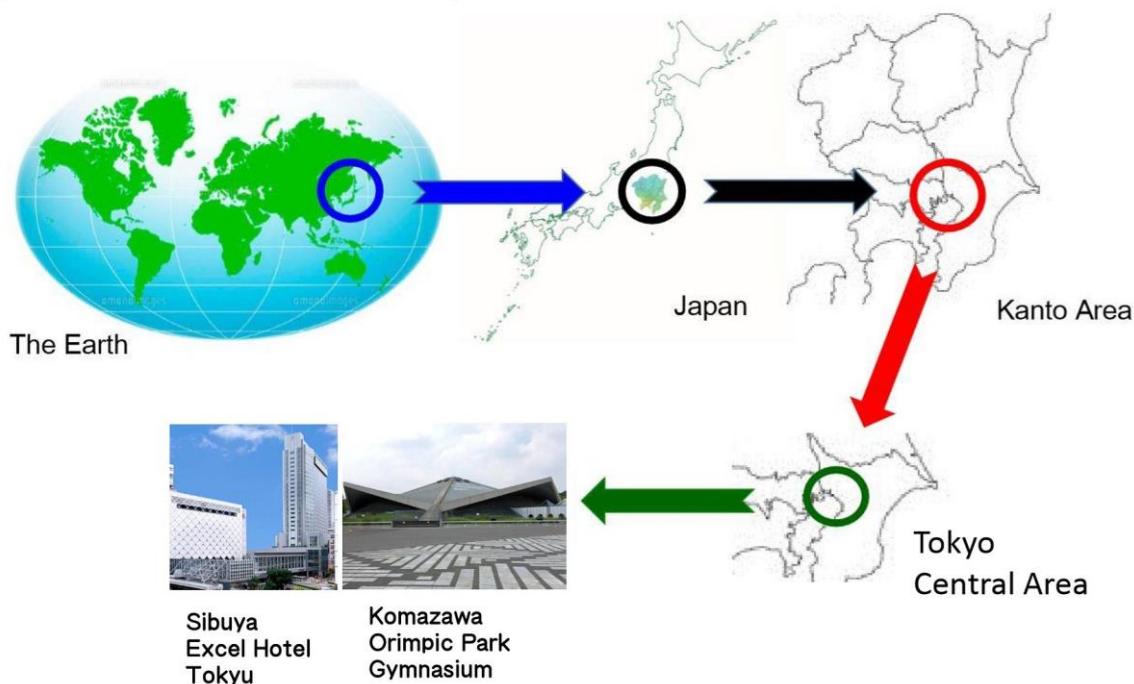
All competitors must complete and submit pages 4, 5, 6 and 7.
Where a nation has only one or two entries the summary must still be submitted.

2016 WEIGHTLIFTING MASTERS WORLD CUP

11TH -15TH APRIL 2016 TOKYO JAPAN

VENUE Komazawa Olympic Park Gymnasium Tokyo Japan

Venue and Accommodation Location



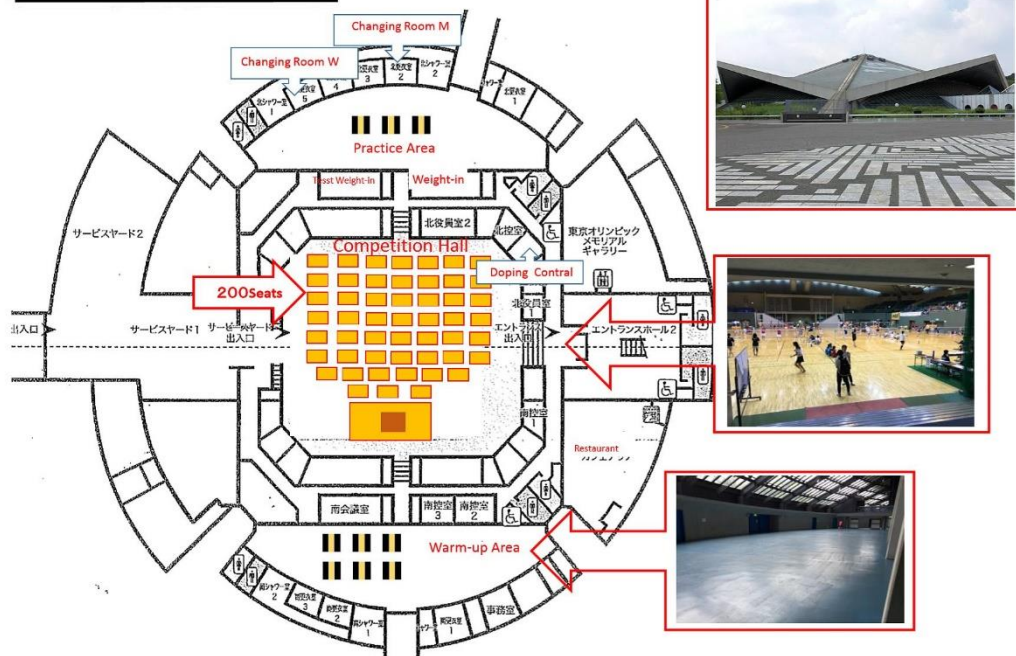
2016 WEIGHTLIFTING MASTERS WORLD CUP

11TH -15TH APRIL 2016 TOKYO JAPAN

VENUE Komazawa Olympic Park Gymnasium Tokyo Japan

ACCOMODATION 1Person1Night JP¥8,000~JP¥24,000

Venue Map (1 Floor)



Kawasaki Dai-ichi Hotel 1Person1Night JP¥8,000



2016 MASTERS WORLD CUP

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Return entry forms to-	JWA MASTERS SECRETARIAT
	MASTERSUNDOUKAN 3 - 3 - 38 KAMAGAYA KAMAGAYASHI CHIBA JAPAN 2730105
Email-	info@japanmasters.net
Telephone-	8190 - 8104 - 3456 813 - 6661 - 6147
Facsimile-	813 - 6661 - 6148

Entry Fees -	Competition	FREE
	Team Entry (men and women)	FREE
Venue & address -	1-1 Komazawakouen Setagayaku Tokyo Japan 1540013 Komazawa Olympic Park Gymnasium	

CLOSING DATE FOR ENTRIES: Letters postmarked no later than February 29th, 2016
All forms must be mailed collectively from one source. e.g. your National Masters Chairperson.
NO LATE ENTRIES OR INCOMPLETE ENTRIES ACCEPTED.

Please enter me in the ___ kilogram class, age group ___ of the Masters World Cup to be held on 11th April to 15th April. 2016 - Tokyo, Japan

In consideration of my entry in the competition, I do hereby waive, and release the 2016 Masters World Cup Organiser (hereinafter referred to as the "Organiser"), their directors, and associated personnel from any and all causes of action, loss, liability, claims, and demands of every kind and nature which I or my heirs or personal representatives may have for bodily injury and expenses of medical treatment.

I agree to be filmed and photographed under conditions approved and authorized by the Organiser to include the use of my name, biographical information, public appearances, interviews, photographs, portrait and motion pictures and television recordings of my weightlifting performances, and grant to the Organiser, the right to record and make use of the same, and to authorize others to do so in promoting the competition and the success of the weightlifting team on which I compete, to promote the image of the Organiser, their sponsors and advertisers, and the sport of amateur weightlifting, and to fund the activities of the Organiser.

I understand all responsibilities for any problems, injuries, etc., arising from my health condition while participating in the Masters World Cup. I agree that the Organiser, and its agents, including competition personnel, may make judgments (with appropriate input from available medical personnel), as to my treatment, hospitalization, or other medical care in the event of my illness or accidental injury in connection with my participation in the competition should I be disabled or incompetent to make necessary and appropriate decisions concerning such treatment, hospitalization, or other care. I authorize the Organiser, its agents and competition personnel to make decisions for me as though they stood in a relationship to me of parent, guardian, or next of kin should circumstances require the Organizer, its agents and competition personnel to make judgments if my next of kin cannot be timely and conveniently contacted to participate in the making of such judgments. I hereby release and agree not to hold the Organiser, its agents and competition personnel responsible for all expenses, causes of action, liability, claims, and demands arising from good faith judgments made by the Organiser, its agents and competition personnel concerning my treatment, hospitalization, and medical care in the event of my illness, injury, and other emergency circumstances in connection with the competition.

I agree that I will be financially responsible for treatment and other medical care rendered me in the event of my illness, injury, or other emergent circumstances in connection with the competition, except to the extent of my injuries, and medical expenses, if any, are covered by accidental death, dismemberment and/or loss of sight and medical reimbursement insurance policies, maintained by the Organizer for my benefit, in which event I will nevertheless continue to be financially responsible for expenses of treatment, hospitalization, and other medical care in excess of such policies' limits.

DECLARATION:

I declare that I agree to the APPLIED Anti-Doping Rules of the JAPAN ANTI-DOPING ASSOCIATION (JADA) All lifters must sign on the entry forms a statement that the JADA has the authority and the right to test for banned substances at any time during the days of the 2016 MASTERS WORLD CUP, in our out of competition.

THE APPLIED Anti-Doping Rules OF JADA WILL BE STRICTLY ENFORCED.

OBLIGATORY SIGNATURE OF ATHLETE IS REQUIRED

I (the undersigned) accept all above written conditions--

Name (Print) _____

Signature _____

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I agree to be bound by the rules and declare that I am physically fit to undertake the sport of weightlifting and have no knowledge of any medical condition which will make weightlifting contraindicated to my well-being. I understand that Travel insurance with health and accident cover is mandatory.

COMPETITOR'S PERSONAL DETAILS (please print clearly and complete all details marked *):

NAME: First (print) *

Last (print) *

Signature: *

Nation (country by passport): *

ADDRESS* Line 1 :

Line 2 :

Line 3 :

Date of Birth* - format DD/MM/YYYY

/

/

Age at 31st Dec. 2016*:

Age Group*:

Body Weight Category*:

Gender (M or W) *:

Best Total between 30th Sept. 2014 and 30th Sep 2015* (kg) :

Qualifying total for my age group and body weight category * (kg) :

Email address*:

How long have you held your current status? Years - Months -

-

The above competitor's details are authorised by me as National Masters Chairperson and/or on behalf of the National Federation -

Print Name: _____ Signature: _____

Email: _____

PLEASE PROVIDE ONE OF THE FOLLOWING :-

Passport number _____ Country _____

International Driver's license _____

Province/state/country of issue _____

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GENDER, AGE GROUP AND WEIGHT CATEGORIES: Tick both age and weight division in which you will compete

MALE Age Groups ☐M35 (35-39) ☐M40 (40-44) ☐M45 (45-49) ☐M50 (50-54) ☐M55 (55-59)
☐M60 (60-64) ☐M65 (65-69) ☐M70 (70-74) ☐M75 (75-79) ☐M80 (80+)

B/W Cat's. ☐56 Kg ☐62 Kg ☐69 Kg ☐77 Kg ☐85 Kg ☐94 Kg ☐105 Kg ☐+105 Kg

FEMALE Age Groups ☐W35 (35-39) ☐W40 (40-44) ☐W45 (45-49) ☐W50 (50-54)
☐W55 (55-59) ☐W60 (60-64) ☐W65 (65-69) ☐W70 (70+)

B/W Cat's. ☐48 Kg ☐53 Kg ☐58 Kg ☐63 Kg ☐69 Kg ☐75 Kg ☐+ 75Kg

THE COMPETITION SCHEDULE TO BE ANNOUNCED WHEN ALL ENTRIES HAVE BEEN PROCESSED.

ORGANISER:	JWA Masters Committee.
MANAGER:	Organizing Committee - Ryoji Furukawa, Masters World Cup Manager
WEB:	http:// www.japanmasters.net
VENUE:	http://www.tef.or.jp/kopgp/en_index.jsp
EXPENSES:	Athletes bear the full cost of transportation, meals, and lodging. See attachments for an explanation of costs
QUOTA SYSTEM:	None.
ACCOMMODATION:	All required accommodation can be booked now by visiting the official website.
VISAS:	Help with visa applications and Letters of Invitation must be through the Japan Weightlifting Association Masters Committee.

There is no qualifying total for non-Japanese participants, however, all attempts for Women must be above 21kg and all attempts for Men must be above 26kg.

The official barbell is the Uesaka.

2016 MASTERS WORLD CUP

11TH -15TH APRIL 2016 TOKYO JAPAN



Summary of entries, 2016 Masters World Cup (11-15 April)
(Make extra copies if required)

No.	NAMES
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
11	
12	
13	
14	
15	
16	
17	
18	
19	
20	

Country

Team Chairman print name

signature

Full Postal Address

Phone# _____ Fax # _____ Email _____

2016 MASTERS WORLD CUP

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OFFICIAL TEAM REGISTRATION

Please enter the following team (Men's or Women's) in this Masters WorldCup. The payment of the entry fee is FREE.

All athletes must have registered officially for this event.

The men's teams consist of 8 lifters and the women's team 6 lifters. At least 3 lifters . Each Team is only allowed 3 members competing in the same age group and body weight category.

NATION _____ Date: _____

TEAM CHAIRMAN / COACH _____

Signature _____

	NAME	B/Wght.	AGE	TOTAL
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
Reserves:-				
1				
2				
3				

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Ver.2015.6.1

Therapeutic Use Exemptions (TUE) APPLICATION FORM

【治療使用特例（TUE）申請書式】

Please complete all sections in capital letters or typing. Athlete to complete sections 1, 5, 6 and 7; physician to complete sections 2, 3 and 4. Illegible or incomplete applications will be returned and will need to be re-submitted in legible and complete form.

1. Athlete Information

Surname: _____ Given Names: _____

Female ☐ Male ☐ Date of Birth (d/m/y): _____

Address: _____

City: _____ Country: _____ Postcode: _____

Tel.: _____ E-mail: _____
(with Country code)

Sport: _____ Discipline/Position: _____

International or National Sport Organization: _____

If Athlete with disability, please indicate disability: _____

必要事項がすべて記載された書式を、次に示された方法により、日本アンチ・ドーピング機構に提出してください。また、自分の記録のために写しを保持してください。

送付先：公益財団法人日本アンチ・ドーピング機構

〒115-0056 東京都北区西が丘 3-15-1 国立スポーツ科学センター内

FAX 03-5963-5709 (FAX で申請した場合は、必ず原本を郵送すること)

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p1/4

	期 日	担当者
受 付 (ADAMS)	月 日	
回答送付 (ADAMS)	月 日	
	月 日	

←(JADA 記入欄)
↓

申請第 _____ 号
(Application No)

2016 MASTERS WORLD CUP

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Ver.2015.6.1

2. Medical information (*continue on separate sheet if necessary*)

Diagnosis with sufficient medical information (see note 1):

If a permitted medication can be used to treat the medical condition, please provide clinical justification for the requested use of the prohibited medication

Note	<p><u>Diagnosis</u></p> <p><i>Evidence confirming the diagnosis shall be attached and forwarded with this application. The medical evidence must include a comprehensive medical history and the results of all relevant examinations, laboratory investigations and imaging studies. Copies of the original reports or letters should be included when possible. Evidence should be as objective as possible in the clinical circumstances. In the case of non-demonstrable conditions, independent supporting medical opinion will assist this application.</i></p>
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p2/4

(JADA 記入欄)→

申請第 _____ 号
(Application No)

2016 MASTERS WORLD CUP

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Ver.2015.6.1

3. Medication details:

Prohibited Substance(s): <u>Generic name</u>	Dosage	Route of Administration	Frequency	Duration of Treatment
1.				once only <input type="checkbox"/> emergency <input type="checkbox"/> or duration (week/month).....
2.				once only <input type="checkbox"/> emergency <input type="checkbox"/> or duration (week/month).....
3.				once only <input type="checkbox"/> emergency <input type="checkbox"/> or duration (week/month).....

4. Medical practitioner's declaration 医師による宣誓書 ※英語記入

I certify that the information at sections 2 and 3 above is accurate, and that the above-mentioned treatment is medically appropriate.

Name: _____

Medical specialty: _____

Address: _____

Tel.: _____

Fax: _____

E-mail: _____

Signature of Medical Practitioner: _____ Date: _____

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(JADA 記入欄)→

申請第.....号
(Application No)

2016 MASTERS WORLD CUP

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Ver.2015.6.1

5. Retroactive applications

<p>Is this a retroactive application?</p> <p>Yes: <input type="checkbox"/></p> <p>No: <input type="checkbox"/></p> <p>If yes, on what date was treatment started?</p> <p>_____</p> <p>_____</p>	<p>Please indicate reason:</p> <p><input type="checkbox"/> Emergency treatment or treatment of an acute medical condition was necessary</p> <p><input type="checkbox"/> Due to other exceptional circumstances, there was insufficient time or opportunity to submit an application prior to sample collection</p> <p><input type="checkbox"/> Advance application not required under applicable rules</p> <p><input type="checkbox"/> Other</p> <p>Please explain:</p> <p>_____</p> <p>_____</p> <p>_____</p>
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6. Previous applications

<p>Have you submitted any previous TUE application(s)?</p> <p>Yes <input type="checkbox"/> No <input type="checkbox"/></p> <p>For which substance or method?</p> <p>_____</p> <p>_____</p> <p>To whom? _____ When? _____</p> <p>Decision: Approved <input type="checkbox"/> Not approved <input type="checkbox"/></p>	
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p4/4

(JADA 記入欄)→

申請第.....号
(Application No)

2016 MASTERS WORLD CUP

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Ver.2015.6.1

7. Athlete's declaration

I, _____,

certify that the information set out at sections 1, 5 and 6 is accurate. I authorize the release of personal medical information to the Anti-Doping Organization (ADO) as well as to WADA authorized staff, to the WADA TUEC (Therapeutic Use Exemption Committee) and to other ADO TUECs and authorized staff that may have a right to this information under the World Anti-Doping Code ("Code") and/or the International Standard for Therapeutic Use Exemptions.

I consent to my physician(s) releasing to the above persons any health information that they deem necessary in order to consider and determine my application.

I understand that my information will only be used for evaluating my TUE request and in the context of potential anti-doping rule violation investigations and procedures. I understand that if I ever wish to (1) obtain more information about the use of my health information; (2) exercise my right of access and correction; or (3) revoke the right of these organizations to obtain my health information, I must notify my medical practitioner and my ADO in writing of that fact. I understand and agree that it may be necessary for TUE-related information submitted prior to revoking my consent to be retained for the sole purpose of establishing a possible anti-doping rule violation, where this is required by the Code.

I consent to the decision on this application being made available to all ADOs, or other organizations, with Testing authority and/or results management authority over me.

I understand and accept that the recipients of my information and of the decision on this application may be located outside the country where I reside. In some of these countries data protection and privacy laws may not be equivalent to those in my country of residence.

I understand that if I believe that my Personal Information is not used in conformity with this consent and the International Standard for the Protection of Privacy and Personal Information, I can file a complaint to WADA or CAS.

Athlete's signature: _____ Date: _____

Parent's/Guardian's signature: _____ Date: _____

(If the Athlete is a Minor or has an impairment preventing him/her signing this form, a parent or guardian shall sign on behalf of the Athlete)

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Prize Money (presents from sponsors) \$35,000 USD

Suggested plan for allocation of Prize Money

1. Grand Masters - Men and Women

Grand Master Men	\$1,750	Grand Master Women	\$1,750
Second place	\$1,150	Second place	\$1,150
Third place	\$600	Third place	\$600
TOTAL	\$ 7,000		

2. Best Lifter in Age Groups - Men and Women

M35 \$ 500	W35 \$ 500
M40 \$ 500	W40 \$ 500
M45 \$ 500	W45 \$ 500
M50 \$ 500	W50 \$ 500
M55 \$ 500	W55 \$ 500
M60 \$ 500	W60 \$ 500
M65 \$ 500	W65 \$ 500
M70 \$ 500	W70 \$ 500
M75 \$ 500	
M80 \$ 500	
TOTAL \$9,000	

3. National Team Competition (Team make up at least 3 lifters)

Men' s Team make up of 8 athletes + 3 reserves

Women' s Team makes up of 6 athletes + 3 reserves:

1. Place Team Men	\$ 1700	1. Place Team Women	\$ 1700
2. Team Men	\$ 1500	2. Team Women	\$ 1500
3. Team Men	\$ 1300	3. Team Women	\$ 1300
4. Team Men	\$ 1100	4. Team Women	\$ 1100
5. Team Men	\$ 950	5. Team Women	\$ 950
6. Team Men	\$ 750	6. Team Women	\$ 750
7. Team Men	\$ 600		
8. Team Men	\$ 400		
TOTAL \$ 15,600			

4. The first 20 Referees registered and agreeing to referee a minimum of 3 times will receive expenses of \$170

TOTAL \$ 3,400

GRAND TOTAL PRIZE MONEY \$35,000 JP Sponsor will pay Presents Money

2016 MASTERS WORLD CUP



11TH-15TH APRIL 2016 TOKYO JAPAN

☐ Entry Fees - Individual (Non Japanese) · National Team Free

☐ Accommodation...

Package Price (1) Futakotamagawa Excel Hotel Tokyu

<http://www.futakotamagawa-excel-hotel-tokyo.com/>

1-14-1 Tamagawa Setagayaku Tokyo Japan 158-0094 TEL 813-3477-6545

Single Room with 1 Bed 1 Person 4 Night JP¥200,000 5 Night Package JP¥225,000

Twin Room with 2 Beds 2 Person 4 Night JP¥270,000 5 Night Package JP¥290,000

All inclusive Package includes Accommodation, Airport Limousine Bus Transfer, Banquet, Food (Breakfast/lunch/dinner = Hotel Restaurant), TAXI Transfer (Hotel ↔ Komazawa Olympic Park Gymnasium)

Non Package Price Single Room with 1 Beds 1 Person

Only include breakfast & Banquet & Tokyu Train Transfer. (Hotel Area Tokyu Train Station ↔ Komazawa Daigaku Tokyu Train Station)

Not include, Airport Transfer, Lunch, Dinner, TAXI Transfer

(1) Futakotamagawa Excel Hotel Tokyu 4 Night JP¥87,000 5 Night JP¥107,000

(2) Shibuya Excel Hotel Tokyu 4 Night JP¥103,000 5 Night JP¥127,000

(3) Shibuya Tokyu REI Hote 4 Night JP¥79,000 5 Night JP¥97,000

(4) Kawaski Dai-ichi Hotel Mizonokuchi 4 Night JP¥39,000 5 Night JP¥47,000

Komazawa Olympic Park Gymnasium Restaurant open 11am-8pm Lunch, Dinner

available ⇒ Beefsteak bowl JP¥800 / Hot dog JP¥400 etc.

☐ Teams and team entry forms must be submitted by the above closing date but team changes made at the Technical Conference.

☐ All athlete's entries and team entries must be received by the 29th February, 2016.

☐ Individual entry is free (Non Japanese only).

☐ National Team entries is free.

☐ Doping control fees are inclusive of the entry fee.

☐ Verification of Final Entries Meeting will take place Monday April 11th at 4pm (Japan Time) at the Komazawa Olympic Park Gymnasium in Tokyo Japan.

☐ Technical Conference will take place Monday April 11th at 5pm (Japan Time) at the Komazawa Olympic Park Gymnasium in Tokyo Japan

☐ A check scale will be available 9am-8pm at the Komazawa Olympic Park Gymnasium in Tokyo Japan.

☐ The training facility will open at the Komazawa Olympic Park Gymnasium in Tokyo Japan 2pm on Monday April, 11.

☐ There is no qualifying total for non-Japanese participants, however, athletes must open within 10kg/15kg of their announced entry total, and they must meet the qualifying totals described in the S entry form as a minimum to win a prize. All attempts for Women must be above 21kg and all attempts for Men must be above 26kg

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VENUE

Komazawa Olympic
Park Gymnasium

Komazawa Olympic Kouen
Taiikukan

1-1 Komazawakouen Setagayaku
Tokyo Japan

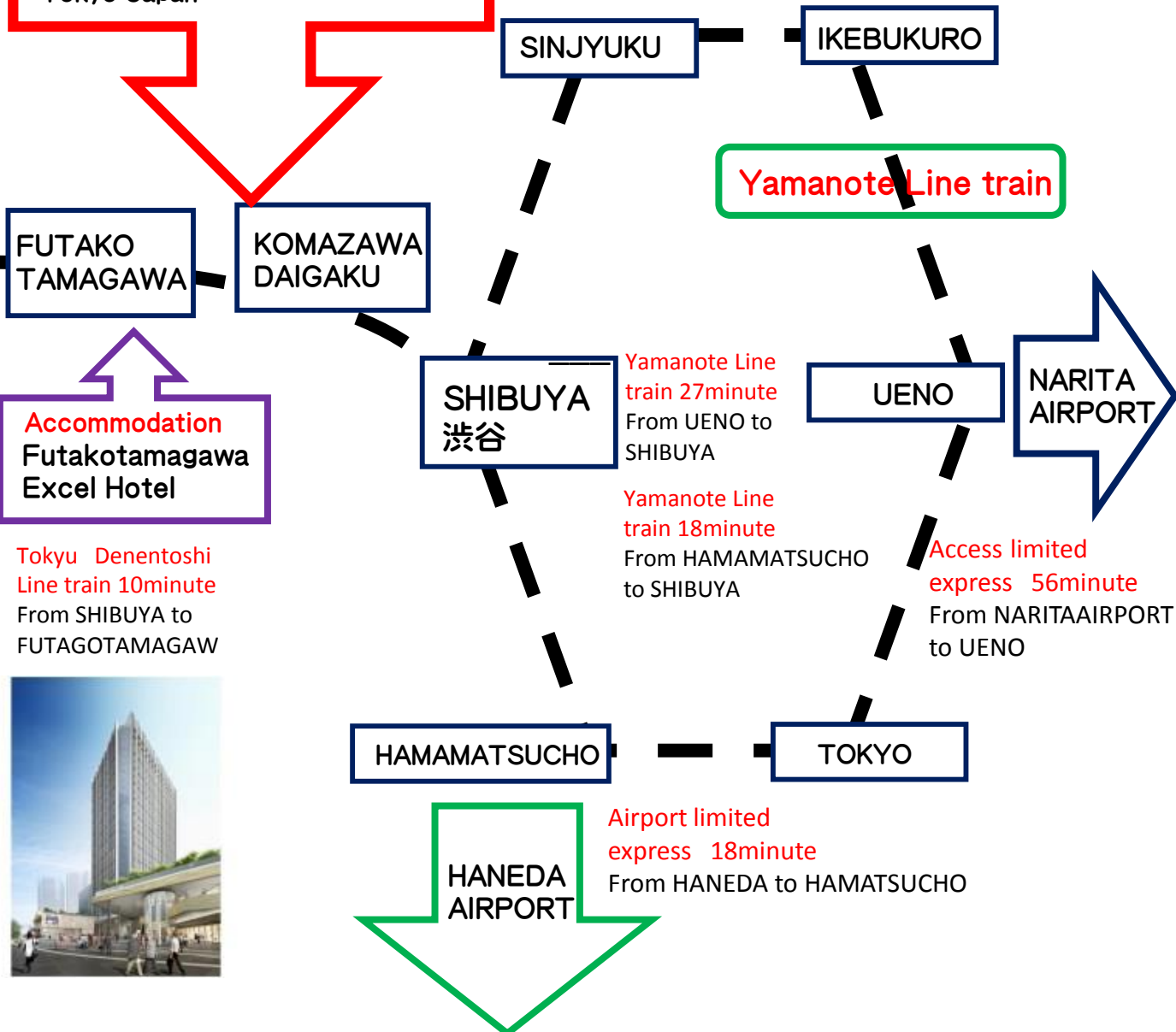


Tokyu Denentoshi
Line train 7minute

From SHIBUYA to
KOMAZAWA
DAIGAKU



UESAKA
BARBELL company



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VENUE

Komazawa Olympic
Park Gymnasium
Komazawa Olympic Kouen Taiikukan
1-1 Komazawakouen Setagayaku
Tokyo Japan



Up Ground



Main Stadium

Accommodation

- (1) Futakotamagawa Excel Hotel Tokyu
30F-1-14-1 Tamagawa Setagayaku
Tokyo 158-0094 JAPAN
TEL +813-3700-1093 FAX +813-3700-1098
- (2) Shibuya Excel Hotel Tokyu
Shibuya Mark City Building,
1-12-2, Dogenzaka, Shibuya-ku, Tokyo
150-0043 JAPAN
TEL +813-5457-0109 Fax +813-5457-0309
- (3) Shibuya Tokyu REI Hotel
1-24-10, Shibuya, Shibuya-ku, Tokyo
150-0002 JAPAN
TEL +813-3498-0109 Fax +813-3498-0189

Hotel



Futakotamagawa
Excel Hotel

Bus stop



Airport limousine
Bus stop

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VENUE 2

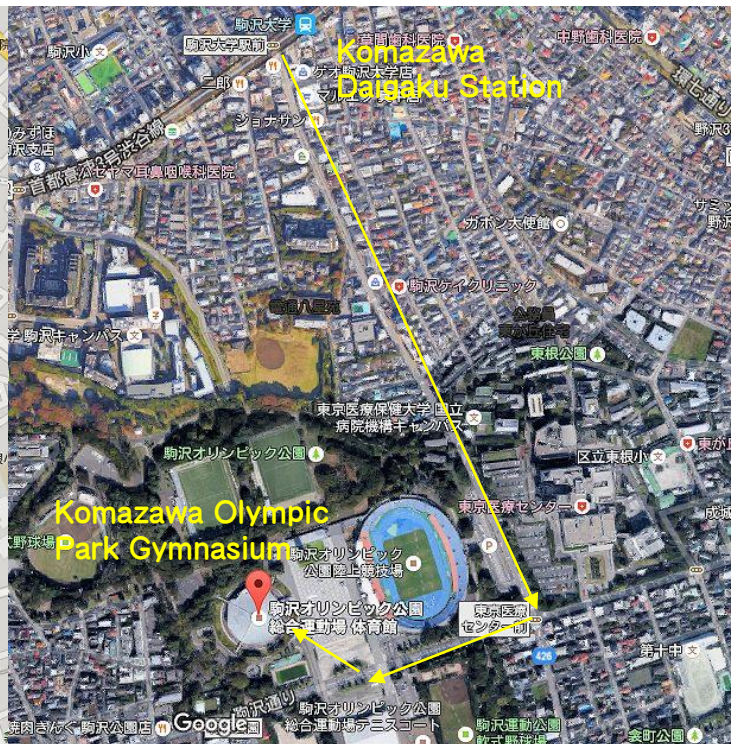
Komazawa Olympic Park Gymnasium
Komazawa Olympic Kouen Taiikukan
1-1 Komazawakouen Setagayaku Tokyo Japan



During the Tokyo Olympics, the gymnasium was used as the main venue for wrestling. With seating in the stands for 3,474 spectators (including 1,120 temporary seats), the gymnasium is capable of hosting full-fledged competitions. It has hosted national competitions in sports like wrestling, table tennis, aerobics, volleyball, futsal, handball, basketball, fencing, and cheerleading. It is also available for use in such events as school sports festivals.

Athlete cafe (In the Gymnasium B1)

Nature Green is everywhere in the Komazawa Olympic Park. Eating icecream under the sky, drinking beer after sports,...
Comfort foods are served.
It has many park items in the park,you will have a good time.



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Accommodation 2

Non Package Price Only include breakfast & Banquet & Tokyu Train Transfer.
(Hotel→Komazawa Olympic Park Gymnasium)

Not include , Airport Transfer, Lunch , Dinner , TAXI Transfer

Futakotamagawa

(1) Futakotamagawa Excel Hotel Tokyu

We are currently sold out. I am very sorry.
Eleven minutes from Shibuya by train, the Futakotamagawa Excel Hotel Tokyu is a new oasis in the blossoming Futakotamagawa district. Enjoy captivating views of landscapes surrounding Mt. Fuji and the Tama River.

FULL Booked.

30F-1-14-1 Tamagawa Setagayaku

Tokyo 158-0094 JAPAN

TEL +813-3700-1093 FAX +813-3700-1098



3 Night JP¥67,000 4 Night JP¥ 87,000 5 Night JP¥107,000 6 Night JP¥127,000

Narita Airport Bus Terminal → 125minutes Bus(J¥3100) → Futakotamagawa Bus Terminal → 2minutes walk → **Futakotamagawa Excel Hotel**

Narita Airport JR Station→ 72minutes JR Train(J¥3190) → Sibuya JR Station →10minutes walk → Sibuya Tokyu Denentoshi Line Station → 10minutes Tokyu Train(J¥190) → → Futakotamagawa Station →5minutes walk → **Futakotamagawa Excel Hotel**

Narita Airport TAXI Station→ 125minutes Taxi(J¥30.000) → **Futakotamagawa Excel Hotel**

Futakotamagawa Excel Hotel →5minutes walk → Futakotamagawa Station →10minutes Tokyu Train (J¥160)→Komazawa Daigaku Station→ 15minutes walk → Komazawa Olympic Park → 5minutes walk → **Komazawa Olympic Park Gymnasium**

Futakotamagawa Excel Hotel → 15minutes Taxi(J¥1.500) → Komazawa Olympic Park → 5minutes walk → **Komazawa Olympic Park Gymnasium**



2015/12/7



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Accommodation 2-2

(1) Futakotamagawa Excel Hotel Tokyu

Eleven minutes from Shibuya by train, the Futakotamagawa Excel Hotel Tokyu is a new oasis in the blossoming Futakotamagawa district. Enjoy captivating views of landscapes surrounding Mt. Fuji and the Tama River.



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11TH -15TH APRIL 2016 TOKYO JAPAN



Accommodation 2—3



(1) Futakotamagawa Excel Hotel Tokyu

Non Package Price Only include breakfast & Banquet & Tokyu Train Transfer.

(Hotel—→Komazawa Olympic Park Gymnasium)

Not include , Airport Transfer, Lunch , Dinner , TAXI Transfer

Futakotamagawa

Futako Tamagawa Tokyu Excel hotel, Twin room with 2 Beds 2 Person

We are currently sold out. I am very sorry.

3Night JP¥92,000 4Night JP¥ 118,000 5Night JP¥144,000 6NightJP¥170,000

2 Beds 2 Person 1DAY HOTEL ¥26,000 ,2Person Banquet ¥10,000 ,

2Person Tokyu Train Transfer ¥4,000.

FULL Booked.

Procedure of the application

(1) Please send Temporal entry form or send email to Name, Date of Birth , Weight Group, Cat, Total.

<http://www.japanmasters.net/cgi-bin/postmail/postmail.html>

info@japanmasters.net

(2) JAPAN WEIGHTLIFTING ASSOCIATION tentative book Hotel for you.

(3) Please send Official Application by Post Mail.

(4) Please remit Futako Tamagawa Tokyu Excel hotel PLAN JP¥118,000 or ¥144,000 etc to JAPAN WEIGHTLIFTING ASSOCIATION Account. BEFORE 29TH FEBRUARY 2016.

(5) JAPAN WEIGHTLIFTING ASSOCIATION send an email of the remittance receipt.

(6) ALL Procedure Finish.

JAPAN WEIGHTLIFTING ASSOCIATION Account

Accommodation Remittance Account Beneficiary Bank/MIZUHO BANK, LTD.

SWIFT code, BIC code/MHCBJPJT or MHCBJPJTXXX

Branch Name/SHIBUYA BRANCH

Branch Address/1-24-16 SHIBUYA SHIBUYA-KU TOKYO JAPAN

Beneficiary Account Number/210-9114312

Beneficiary Name/JAPAN WEIGHTLIFTING ASSOCIATION

Account Address/KISHI MEMORIAL HALL 1-1-1 JINNAN, SHIBUYA-KU, TOKYO JAPAN

2016 MASTERS WORLD CUP

11TH -15TH APRIL 2016 TOKYO JAPAN



Accommodation 3

Non Package Price Only include breakfast & Banquet & Tokyu Train Transfer.
(Hotel→Komazawa Olympic Park Gymnasium)

Not include , Airport Transfer, Lunch , Dinner , TAXI Transfer

(2) Shibuya Excel Hotel Tokyu

Shibuya Mark City Building,
1-12-2, Dogenzaka, Shibuya-ku, Tokyo
150-0043 JAPAN
TEL+813-5457-0109 Fax+813-5457-0309

3 Night JP¥79,000 4 Night JP¥103,000 5 Night JP¥127,000 6 Night JP¥151,000

This hotel towers above the exciting, vibrant Shibuya district and offers splendid panoramic views of the surrounding city. Guestrooms of natural décor and modern touches provide relaxation, while unique restaurants offer fine dining. What's more, Shibuya Excel is conveniently located with direct walkway access to Shibuya Station.

Narita Airport Bus Terminal → 115minutes Bus(J¥3100) → Shibuya Excel Hotel Tokyu

Narita Airport JR Station→ 72minutes JR Train(J¥3190) → Shibuya JR Station →10minutes walk
Shibuya Excel Hotel Tokyu

Narita Airport TAXI Station→ 115minutes Taxi(J¥26.000) → **Shibuya Excel Hotel Tokyu**

Shibuya Excel Hotel Tokyu →10minutes walk → Shibuya Tokyu Denentoshi Line Station →10
minutes Tokyu Train (J¥160)→Komazawa Daigaku Station→ 15minutes walk → Komazawa
Olympic Park → 5minutes walk → **Komazawa Olympic Park Gymnasium**

Shibuya Excel Hotel Tokyu → 20minutes Taxi(J¥1.700) → Komazawa Olympic Park → 5minutes
walk → **Komazawa Olympic Park Gymnasium**



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Accommodation 4

Non Package Price Only include breakfast & Banquet & Tokyu Train Transfer.
(Hotel→Komazawa Olympic Park Gymnasium)
Not include , Airport Transfer, Lunch , Dinner , TAXI Transfer



(3) Shibuya Tokyu REI Hotel

1-24-10, Shibuya, Shibuya-ku, Tokyo
150-0002 JAPAN
TEL+813-3498-0109 Fax+813-3498-0189

Located in front of Shibuya Station, Shibuya Tokyu REI offers great access to the fashionable districts of Harajuku, Omotesando, and Aoyama. Simple, understated guestrooms are elegant and come with full Internet access.

3 Night JP¥61,000 4 Night JP¥79,000 5 Night JP¥97,000 6 Night JP¥115,000

Narita Airport JR Station → 72minutes JR Train(J¥3190) → Sibuya JR Station → 10minutes walk
Shibuya Tokyu REI Hotel

Narita Airport TAXI Station → 115minutes Taxi(J¥26.000) → **Shibuya Tokyu REI Hotel**

Shibuya Tokyu REI Hotel → 10minutes walk → Sibuya Tokyu Denentoshi Line Station → 10minutes
Tokyu Train (J¥160) → Komazawa Daigaku Station → 15minutes walk → Komazawa Olympic Park
→ 5minutes walk → **Komazawa Olympic Park Gymnasium**

Shibuya Tokyu REI Hotel → 20minutes Taxi(J¥1.700) → Komazawa Olympic Park → 5minutes
walk → **Komazawa Olympic Park Gymnasium**



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Accommodation 5

Non Package Price Only include breakfast & Banquet & Tokyu Train Transfer.
(Hotel→Komazawa Olympic Park Gymnasium)

Not include , Airport Transfer, Lunch , Dinner , TAXI Transfer

(4) Kawasaki Dai-ichi Hotel Mizonokuchi

2-3-12 Mizonokuchi, Takatsu-ku, Kawasaki-shi,
Kanagawa-ken APAN 213-0001

Phone: +81-44-877-3333 Fax: +81-44-877-3399



Kawasaki Dai-ichi Hotel Mizonokuchi is located at Mizonokuchi, and it is characterized by convenient access to the nearby train stations. Since Kawasaki Dai-ichi Hotels were established mainly for business guests, the hotels were designed to provide a quiet, comforting atmosphere to enjoy a sound sleep at night without the bother of noisy party gatherings. In addition, the reasonable room rates and the courteous, friendly hotel staff attract non-business guests including sight-seers and student groups on school-event trips. Kawasaki Dai-ichi Hotels assure you a safe, secure, worry-free stay.

3 Night JP¥31,000 4 NightJP¥39,000 5 Night JP¥47,000⇒US\$400 6Night JP¥55,000

Narita Airport JR Station→ 72minutes JR Train(J¥3190) → Sibuya JR Station →10minutes walk → Sibuya Tokyu Denentoshi Line Station → 200minutes Tokyu Train(J¥216) → → Mizonokuchi Station →1minutes walk → **Kawaski Dai-ichi Hotel Mizonokuchi**

Narita Airport TAXI Station→ 140minutes Taxi(J¥35.000) → **Kawaski Dai-ichi Hotel Mizonokuchi**

Kawaski Dai-ichi Hotel Mizonokuchi →1minutes walk → Mizonokuchi Station →10minutes Tokyu Train (J¥160)→Komazawa Daigaku Station→ 15minutes walk → Komazawa Olympic Park → 5minutes walk → **Komazawa Olympic Park Gymnasium**

Kawaski Dai-ichi Hotel Mizonokuchi → 25minutes Taxi(J¥3.500) → Komazawa Olympic Park → 5minutes walk → **Komazawa Olympic Park Gymnasium**



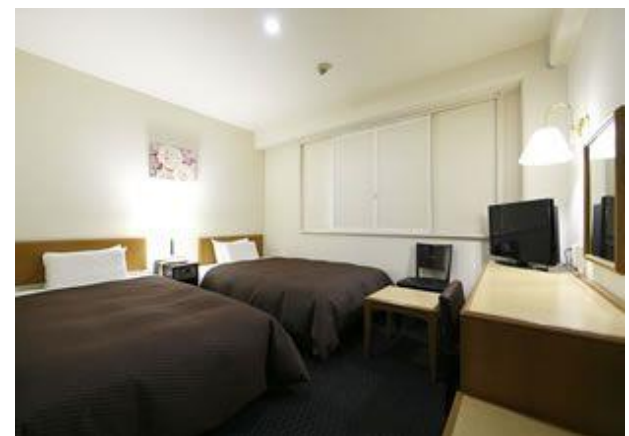
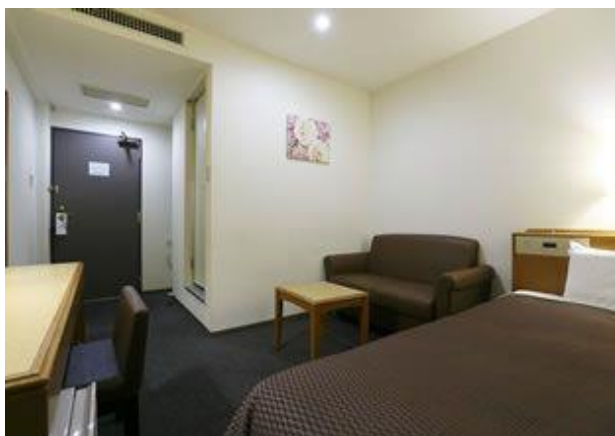
2016 MASTERS WORLD CUP

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Accommodation 5-2

(4) Kawaski Dai-ichi Hotel Mizonokuchi
2-3-12 Mizonokuchi, Takatsu-ku, Kawasaki-shi,
Kanagawa-ken APAN 213-0001
Phone: +81-44-877-3333 Fax: +81-44-877-3399





Procedure of the application procedure.

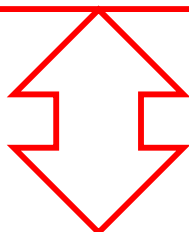
Application sending.



Hotel reservation.



Prior remittance of the hotel expense to the Japan Weightlifting Association
Japanese Yen remittance. Not US\$. Not €.



(1)Futakotamagawa Excel Hotel 5 Night JP ¥ 107,000 (2)Shibuya Excel(3)Shibuya Tokyu REI Hotel
(4)Kawaski Dai-ichi Hotel Mizonokuchi 5 Night JP ¥ 47,000⇒US\$400 =1 Night US\$80
Include breakfast & Banquet & Tokyu Train Transfer

Accommodation Remittance Account BeneficiaryBank/MIZUHOBANK,LTD.
SWIFTcode,BICcode/MHCBJPJT or MHCBJPJTXXX Branch Name/SHIBUYA BRANCH
Branch Address/1-24-16 SHIBUYA SHIBUYA-KU TOKYO JAPAN
Beneficiary Account Number/210-9114312 Beneficiary Name/JAPAN WEIGHTLIFTING ASSOCIATION
Account Address/KISHI MEORIAL HALL 1-1-1 JINNAN, SHIBUYA-KU, TOKYO JAPAN

When a reasonable hotel is fully occupied, a price becomes the expensive hotel.